

**House Audit:**  
*Is Your Home Age Friendly or Filled with Booby Traps?*



Area	Recommendation	Does your home meet the gold standard?	
<b>Driveway, garage, and walkways</b>	No or low curbs	Yes	No
	No or small driveway incline	Yes	No
	Outdoor motion activated lighting	Yes	No
	Attached garage	Yes	No
	Electronic garage door opener	Yes	No
	Lighting activated by garage door	Yes	No
	Uninterrupted walkways	Yes	No
	36" width for walkway	Yes	No
<b>Entrance, doors, thresholds, and sills</b>	Clutter free	Yes	No
	Bench or shelf	Yes	No
	Door weight, not too heavy	Yes	No
	Lever door handles	Yes	No
	Slide locks	Yes	No
	Photo-cell dusk/dawn lighting	Yes	No
<b>Foyers and vestibules</b>	Threshold height of ¼ to ½ inch	Yes	No
	Free of doormats	Yes	No
	Non-glare overhead lighting	Yes	No
	Door slots for mail	Yes	No
	Bench or shelf	Yes	No
	Clutter free	Yes	No
<b>Emergency access and rescue provisions</b>	Closet for outerwear	Yes	No
	Smoke detectors (minimum 1 level)	Yes	No
	Carbon monoxide alarm	Yes	No
	Personal emergency response system	Yes	No
	Pre-determined escape route in case of fire	Yes	No
	Plan for medical emergency	Yes	No

## Planning for Life's Journey

Area	Recommendation	Does your home meet the gold standard?	
<b>Corridor, stairs, and doors</b>	Non-glare overhead lighting	Yes	No
	Photo-sensitive night lights at door openings, bathrooms, and ends of the hall and stairs	Yes	No
	Room to room lighting consistency	Yes	No
	Tight weave, ½" pile carpeting	Yes	No
	6 to 7" riser, 11" tread depth	Yes	No
	Sturdy railings on both sides	Yes	No
	Contrast colors on stair steps	Yes	No
	32 to 48" door width Clutter free	Yes	No
<b>Food preparation and laundry</b>	Upper cabinet (easily accessible)	Yes	No
	Base cabinets (easily accessible)	Yes	No
	Large cabinet hardware	Yes	No
	Continuous work surface	Yes	No
	Rounded counter corners and edges	Yes	No
	Single lever or paddle handle for faucets	Yes	No
	Front or side mounted stove knobs	Yes	No
	Oven door opens from the side	Yes	No
	Flammables more than 30 in from stove	Yes	No
	Accessible sink	Yes	No
	Multi-purpose fire extinguisher	Yes	No
	Laundry on the main level	Yes	No
	Folding table Clutter free	Yes	No
<b>Living spaces</b>	Rounded corners on furniture	Yes	No
	4 ft wide with well-defined traffic pattern	Yes	No
	No ottoman or low tables	Yes	No
	Cellular or portable phone	Yes	No
	Emergency numbers posted near phone	Yes	No
	Touch lights	Yes	No
	Lamps close to outlets	Yes	No
	Arms on sofa/chair are 22" high Clutter free	Yes	No
<b>Sleeping</b>	Bed location is on the main level	Yes	No
	Bed height not too high or too low	Yes	No
	Bed height is same height as wheelchair	Yes	No
	Motion activated light sensors	Yes	No
	Night lights	Yes	No
	Easily accessible flashlight	Yes	No

Area	Recommendation	Does your home meet the gold standard?	
<b>Personal care</b>	Anti-scalding device with maximum water temperature of 110 to 120 degrees	Yes	No
	Handheld shower head	Yes	No
	Grab bars in the shower	Yes	No
	Shower chair	Yes	No
	Bench in tub	Yes	No
	Grab bar in tub	Yes	No
	No floor mats or rugs	Yes	No
	Shower curtain	Yes	No
	Shower threshold of ¼ to ½ inch	Yes	No
	18" to 19" raised toilet	Yes	No
	Grab bars at the toilet	Yes	No
	Clutter free	Yes	No
<b>How age friendly is your home? (% = # of "Yes" answers/76)</b>		%	